


## QUICK STARTS

**Fresh Fruit Plate**   7

**Healthy Starter** 

granola, plain yogurt, fruit cup, choice of muffin or toast 8



**Assorted Cereals**

choice of Rice Krispies, Cheerios, Raisin Bran, Granola or Special K served with choice of whole or skim milk 6

*add fresh sliced bananas or berries for 2.50*

**Ruby Red Grapefruit**   6

served with cottage cheese

**New England Style Oatmeal**  

topped with your choice of toasted pecans or sliced bananas 6

**Build Your Own Breakfast Sandwich or Wrap\***

fried or scrambled eggs, choice of breads or wrap, cheese and breakfast meat served with home fried potatoes 8

## THE CLASSICS

Includes a cup of coffee or tea



**Corned Beef Hash & Eggs\***

two eggs any style on top of house-made hash and toast 13

**The Lumberjack\***

two eggs any style, two bacon strips, two sausages, two pancakes, home fried potatoes, toast 13



**The American Breakfast\***

two eggs any style, choice of bacon, sausage, or ham, home fried potatoes, toast 12

**Belgian Waffle**

whipped butter, warm syrup 11

*add strawberries, blueberries or bananas and whipped cream for an additional 2.50*

**Buttermilk Pancakes**

three fluffy pancakes, whipped butter, warm syrup 11



*add strawberries, blueberries or bananas and whipped cream for an additional 2.50*

**French Toast**


three slices of Texas style toast, cinnamon, powdered sugar, whipped butter, warm syrup 11

**Eggs Benedict**

grilled English muffin, ham, poached eggs, hollandaise sauce and served with home fried potatoes 13


**Vegetable Frittata**  

three eggs, potatoes, spinach, broccoli, tomatoes, peppers, onions, parsley and swiss cheese served with fruit cup 11


**Make Your Own Omelet\*** 


three eggs, home fried potatoes, choice of fillings and toast 12

**Fillings:** onions, mushrooms, peppers, tomatoes, spinach, ham, bacon, sausage, swiss cheese, cheddar cheese, jack cheese, provolone cheese, feta cheese

 Egg beaters & egg whites are available for an additional 1.50

## SIDES

**One Egg Any Style\***  3

**Two Eggs Any Style\***  6


**Bacon, Sausage or Ham** 4

**Turkey Bacon or Turkey Sausage** 5


**Home Fried Potatoes** 4

**Freshly Baked Croissant** 5

**Toast** white, wheat, marble or English muffin 3


 *Gluten free is available for an additional 1.50*

**Bagel & Cream Cheese** 5

 *Gluten free is available for an additional 1.50*

**Freshly Baked Muffin**

blueberry, corn or carrot 5

 *Gluten free is available for an additional 1.50*

**Plain Yogurt & Granola** 4

**Low Fat Cottage Cheese** 4

**Fruit Cup** 4

**Assorted Juices**

orange, cranberry, grapefruit, apple or tomato small 4 | large 5


**French Roast Coffee** 3.50

**Bigelow Tea**

English teatime, green tea, lemon lift, orange, mint or earl grey 3.50

**Cappuccino** single 6 | double 7.50



**Espresso** single 5 | double 6.50

 **Gluten Free**

bread 4.50 | wraps 4.50 | blueberry muffin 6.50 | bagel 6.50



Longwood Grille & Bar Signature Dishes

 Healthy Items (low in saturated fats & cholesterol) |  Gluten Free Items

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Prior to ordering, please inform your server if anyone in your party may have a food allergy.